

Coconut milk soap



Ingredients

150 g apricot kernel oil
30 g almond oil
20 g castor oil
180 g coconut oil
20 g cocoa butter
140 g coconut milk (frozen)
58 g NaOH
6 - 8 g cedarwood essential oil
Color: a little cinnamon or iron oxide (brown)

Other

- wooden sticks
- for this soap you need a mold with a capacity of about 500 - 600 g
- the coconut milk (can) should be frozen one day before, I empty it for this an ice cube tray

Preparation

1. Melt solid fats and mix with liquid oils.
2. Melt frozen coconut milk with NaOH. This process may take a few minutes. The liquor will not be as hot compared to dissolving in a liquid. Work carefully so that no lye crystals remain in the coconut milk that are not dissolved!
3. Once the coconut milk is dissolved, mix it with the oils and fats (40 - 45 C°). When a slight trace can be seen, set aside a little soap glue for the brown marbling.
4. Pour the white soap glue completely into the mold. Color the soap glue set aside brown and draw fine lines on the surface.
5. Using a wooden chopstick, draw the classic Esterhazy pattern in S lines.

Have fun trying it out!